

Today for *Lent* we will...

Return carts for others at the store.

Today for *Lent* we will...

Prepare a meal for someone who doesn't expect it.

Today for *Lent* we will...

Leave money for the person behind us in line.

Today for *Lent* we will...

Turn off all electronics.

Today for *Lent* we will...

Forego dessert.

Today for *Lent* we will...

Each make a donation to the Goodwill.

Today for *Lent* we will...

Each contribute to the collection basket.

Today for *Lent* we will...

Pay someone a sincere compliment.

Today for *Lent* we will...

Write thank you notes to our youth leaders.

Today for *Lent* we will...

Pray for a friend.

Today for *Lent* we will...

Hold the door open for others.

Today for *Lent* we will...

Make pretzels.

Today for *Lent* we will...

Turn off the t.v.

Today for *Lent* we will...

Shut down electronics.

Today for *Lent* we will...

Participate in a family workout.

Today for *Lent* we will...

Make a card for someone we love.

Today for *Lent* we will...

Write a note thanking someone for a job well done.

Today for *Lent* we will...

Write down 3 things we love about each family member.

Today for *Lent* we will...

Contribute to the food pantry at church.

Today for *Lent* we will...

Only drink water.

Today for *Lent* we will...

Attend Passover Seder at church.

Today for *Lent* we will...

Attend Stations of the Cross.

Today for *Lent* we will...

Take the stairs, rather than the  
elevator or escalator.

Today for *Lent* we will...

Be joyful. Not complain.

Today for *Lent* we will...

Each share about our patron saints.

Today for *Lent* we will...

Be thankful.

Today for *Lent* we will...

Let someone else go first.

Today for *Lent* we will...

Take treats to the fire station and  
police station.

Today for *Lent* we will...

Hold our tongues.

Today for *Lent* we will...

Be encouraging.

Today for *Lent* we will...

Listen to each other.

Today for *Lent* we will...

Clean and purge our bedrooms.

Today for *Lent* we will...

Identify something useful we can do  
for a neighbor.

Today for *Lent* we will...

Tidy grave sites in our neighborhood  
cemetery.

Today for *Lent* we will...

Attend church Fish Fry.

Today for *Lent* we will...

Make palm frond crosses.

Today for *Lent* we will...

Lend a helping hand.

Today for *Lent* we will...

Restock our Little Free Library.

Today for *Lent* we will...

Sit by someone new at lunch.

Today for *Lent* we will...

Make Resurrection Rolls.

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